

ISSN 1392-3196

Žemdirbystė=Agriculture, vol. 99, No. 1 (2012), p. 3–8

UDK 591.5:636.085

Importance of non-leguminous forbs in animal nutrition and their ensiling properties: a review

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Abstract

Changing of grassland utilisation towards organic farming and expected climatic changes lead to an increasing biodiversity of grassland with an increasing proportion of non-leguminous forbs (NLF) in sward. Together with the increasing consumer's awareness of healthy food and its origin, forbs are becoming an important constituent of diets for ruminants. As forage, some of them are rich in protein, energy and minerals and have healing properties with the special dietary value. Due to the mechanical losses during hay curing, the ensiling provides a promising option for conserving the yield of biodiverse NLF rich grassland. The review of literature shows that only a few samples of NLF contain a sufficient amount of water soluble carbohydrates (WSC) for proper fermentation of fresh material. It seems that besides WSC and buffering capacity there are other important factors affecting the fermentation process, like secondary plant metabolites. Our knowledge about the effects of secondary metabolites on the fermentation of silage is still scarce and therefore more research on fermentation properties of NLF is needed along with the adaptation of the existing conservation methods of species-rich forage or the development of the new ones.

Key words: animal nutrition, biodiversity, ensilability properties, non-leguminous forbs.

Introduction

One of the main challenges faced by the modern management of semi-natural grasslands is to maintain a species-rich sward of high nutritive value for domestic animals. The ideal semi-natural meadow consists of: 50–60% grasses, 10–30% legumes and 10–30% non-leguminous forbs (NLF) (Buchgraber et al., 1994). During the last decades, NLF have become a more and more valued functional group of grassland plants, especially due to their contribution to biodiversity of the grasslands.

Cutting, livestock grazing and other traditional methods of forage utilization were used for managing habitats which are maintained by human intervention throughout the history in Europe (Pykälä, 2000). However, during the last 50–100 years, the number of plant species associated with semi-natural grassland has declined (Dahlstrom et al., 2008). The reason for the decline lies in the abandonment of the traditional methods of grassland management (Peeters, Janssens, 1998) and in the introduction of more intensive grassland management procedures as is intensive N fertilization. Nitrogen fertilization could reduce the amount of forbs by 6.8–7.9% (Butkuvienė, 2009).

Introduction of organic farming as a result of awareness of negative processes in the development of agriculture could maintain or improve grassland biodiversity (Friebe, Köpke, 1996; Hopkins, Hrabě, 2001). Organic grassland farming and sustainable agricultural systems need grasslands able to produce more or less stable yield within seasons and over several years (Kadziulis, Kadziuliene, 2005). Increased biodiversity of grasslands can also

be expected due to the climatic changes. Warmer and drier climate leads to higher biodiversity (Wohlgemuth, 1998). With an increasing temperature in the future, for 6.4°C as expected by 2100 (Harle et al., 2007), we can anticipate an increase of biodiversity in grassland areas along with temperate climatic conditions and expansion of plant species with deeper roots, such as legumes and NLF.

It seems that climate changes will lead to the extensification of agriculture in certain areas, e.g., Southern Europe (Olesen, Bindi, 2002). Extensification on grassland is associated with a decrease in the number of cuts, which increases the biodiversity of meadows (Zechmeister et al., 2003).

With the expected increase in biological diversity and higher proportion of NLF in botanical composition, we need to find appropriate methods for improving cultivation and harvesting of forage from these species-rich grasslands. Most of the NLF are highly susceptible to mechanical damage during the preparation of sun cured hay, which can lead to major mineral and yield losses (Groß, Riebe, 1974). Because of 40% slower drying in comparison to grasses (Höhn, 1988) NLF are less suitable for hay production than grasses. Johnson et al. (1993) have stated that in comparison to the hay of an average quality, animals prefer good quality silage. Silages from species-rich grasslands should therefore be a better alternative than hay.

Currently available knowledge about the NLF in terms of growth and their persistence in the sward is rela-

tively poor. Even less is known about their ensiling properties, nutritive value and their possible undesirable side effects on animal health, which could have an impact on their use in the animal production, especially in organic farming (Smidt, Brimer, 2005; Søgaard et al., 2008).

Ensiling of the NLF can be difficult because of their high buffering capacity, low levels of soluble carbohydrates and secondary metabolites which may express antibiotic activity. There is little information available in the literature about the concentrations of these compounds in NLF, about their role in animal nutrition and effects on the fermentation of silages. Consequently, the aims of the present work were (i) to explain the role of common NLF in animal nutrition and (ii) to collect the existing information about effects of non-leguminous forbs on the fermentative properties of silage.

The role of non-leguminous forbs in animal nutrition

In recent decades, scientists have discovered huge importance of many grassland NLF in the ecological and aesthetic senses; however, NLF can also be important because they contain compounds of high nutritive value (Kramberger, Klemenčič, 2003). Isselstein and Daniel (1996) found comparable or even higher levels of nitrogen compounds in several NLF (at spring cut in herbage of *Polygonum bistorta* L., *Heracleum sphondylium* L. and at summer cut in *Taraxacum officinale* Weber, *Geranium pretense* L.) in comparison with *Lolium perenne* L. Similar results for common plant species from species-rich alpine pastures (*Achillea millefolium* L., *Alchemilla vulgaris* L., *Galium verum* L., *Heracleum sphondylium* L., *Leontodon hispidus* L., and *Polygonum bistorta* L.) were reported by Bassignana (1998), Marinas et al. (2003) and Bovolenta et al. (2008).

Moreover, review of the literature shows relatively high concentration of crude protein (CP) in different NLF, although there are large differences between individual NLF species (79–217 g kg⁻¹ dry matter (DM), Table). On species-rich meadows and pastures some NLF, e.g., *Alchemilla vulgaris* L. and *Leontodon hispidus* L., have shown the same or even higher energy content and organic matter digestibility as grasses, but they were not as high as in *Trifolium repens* L. (Bovolenta et al., 2008). However, it is necessary to emphasize that such comparisons are sometimes rather difficult, because chemical analysis or *in vitro* digestibility of feed does not always give a real picture about actual nutritive value of NLF as was shown by Derrick et al. (1993).

In addition, several researchers have found that NLF contain higher levels of minerals in comparison to some grasses and legumes (Wilman, Derrick, 1994; Fisher, Baker, 1996; Bassignana, 1998; Daccord et al., 2001; Kuusela, Hytti, 2001; Harrington et al., 2006). Misztal and Zarzycki (2008) have discovered that the mineral content in hay from species-rich meadows depends on the proportion of NLF and that the concentration of minerals from such meadows can satisfy the needs of extensively reared animals.

Younie et al. (2001) have shown an improved supply with minerals (K, Na, Mg, Cu) and vitamin B₁₂ in sheep fed with *Cichorium intybus* L. A better supply with Ca and Mg was also found in sheep fed with *Plantago lanceolata* L. and *Taraxacum officinale* Weber in comparison to *Lolium perenne* L. The relatively high concentrations of Mg and Ca in *Cichorium intybus* L. and *Plantago lanceolata* L. may reduce the risk of grass tetany on mixed species pastures (Sanderson et al., 2003). In the study of Tallwin

and Jefferson (1999), hay from most of the species-rich semi-natural grasslands had an inadequate phosphorus and magnesium content to sustain high growth rates in ruminant livestock; therefore, attention should also be given to other factors in the grassland management, which contribute to the mineral content in plants, e.g., mineral availability in soil or soil pH (Whitehead, 2000).

The use of plants or their extracts for treatment of gastro-intestinal parasites in humans and livestock were known already in the ancient times (Waller et al., 2001). Plant secondary metabolites can affect animal health either positively or negatively (Weißbach, 1998). Good examples of compounds, with potentially positive impact on animal health, are condensed tannins known as bloat preventers due to their protein-binding role. They may also help to prevent parasite burdens in grazing animals (Marley et al., 2003). Niezen et al. (1995) have reported that lambs grazing on *Hedysarum coronarium* L. and *Lotus pedunculatus* Cav. with high content of condensed tannins reduced parasite burdens up to 50%. Conversely, in another pasture experiment it has been difficult to relate anti parasitic effect to actual amounts of condensed tannins (Niezen et al., 1998). *Plantago lanceolata* L. contains an anti-microbial and possibly, anti-nematicidal agent, aucubin, which may help to reduce parasite burdens in sheep (Niezen et al., 1998). However, Robertson et al. (1995), Knight et al. (1996) and Niezen et al. (1998) were unsuccessful to prove this effect on internal parasites in grazing trials. Smidt and Brimer (2005) mentioned that some Danish organic farmers maintain special “medicine fields” on which sick animals are allowed to graze. Therefore, for the development of organic livestock where the use of prescription medicines for animals is very restricted, it could be important that the effects of NLF and their compounds on the inhibition of internal parasites in ruminants would also be investigated in grazing trials.

With the increasing consumer awareness of healthier food and its origin, feeding of domestic animals is also gaining on importance. Animal diets influence not only the quantity of animal products, but also significantly affect milk and meat traits such as color, flavor and fatty acid composition (Vasta et al., 2008). For example, exposure of sheep to *Chrysanthemum coronarium* L. altered milk and cheese fatty acid composition (Cabiddu et al., 2005), especially the concentrations of vaccenic and conjugated linoleic acid. The concentrations of the above mentioned fatty acids were higher in the milk of sheep which were given *Chrysanthemum coronarium* L. than in milk of sheep grazing pure grasses or grass legume mixtures. The variability can be at least partially attributed to the composition of plant material. Clapham et al. (2005) found that plantain and chicory cultivars tend to have higher concentrations of linoleic acid and α -linoleic acid than grasses. If a comparison of grasses and NLF from grazing pastures is made, dicotyledones are richer in aromatic terpenes (Vasta et al., 2008). They pass through the animal into milk with some minor alterations and give a special sensory profile to milk and other dairy products. If no supplementary feed is given to an animal on pasture during periods of vegetation deficit, milk is richer in aromatic compounds due to the higher proportion of plants such as *Rumex* L., *Mentha* L., *Galium* L. or *Asperula* L. in diets. These compounds can be useful tracers of feeding system of dairy goats and ewes (Vasta et al., 2008).

Milk is an important source of fat soluble vitamins, such as retinol (vitamin A) and tocopherol (vitamin E). The vitamin content of milk depends on the animal diet. The levels of retinol and tocopherols are higher in the milk from cows fed with silage than from those fed with hay. Differences are considered to appear due to the

higher losses of provitamins A and tocopherols during hay drying and storage (Kalač, 2011). From the aspect of adding an additional value to the animal products and maintaining the botanical diversity, occasional ensiling of species-rich grasslands may be an attractive option. In low quantities (<40%) silage from semi-natural grassland can be included in the diet of lactating dairy cows without reducing their production (Bruinenberg et al., 2006).

Taraxacin in *Taraxacum officinale* Weber, a very desirable NLF in pastures because of high protein content, gives an undesirable flavor to milk and can cause a diarrhea when consumed in high quantities (Stählin, 1971). *Taraxacum officinale* Weber also contains many phenolic compounds (PC): terpenoids, flavonoids and tannins (Gessner, 1974; Pahlow, 1982). Phenolic compounds and their degradation products are known to interact positively or negatively with ruminal microorganisms. In high concentrations they have anti-nutritive effect due to reduced bioavailability of protein and minerals. On the other hand, moderate concentrations of PCs prevent bloat; increase the flow of non-ammonia nitrogen and essential amino acids from the rumen to the intestine. (O'Connell, Fox, 2001).

Animals prefer to consume *Heracleum sphondylium* L. leaves which are usually non phototoxic. Weimarck and Nilsson (1980) reported that leaves of *Heracleum sphondylium* subspecies *sphondylium* and *sibiricum* are usually non-phototoxic. Variation was observed within subspecies *granatense* and *ternatum*. The subspecies *alpinum*, *transsilvanicum*, *pyrenaicum montanum* and *orsinii* were moderately to strongly phototoxic. Another example of secondary metabolite with negative effects is anemonin in *Ranunculus acris* L., which gives an unpleasant taste to the plant. Anemonin is present in plants throughout the buttercup family, but in lower quantities. Ingestion of large amounts of fresh buttercups results in red-yellow milk with unpleasant or bitter taste. In worse cases of animal anemonin poisoning, diarrhea, hematuria, weight loss, cramps and occasional death can occur (Stählin, 1971; Buchgraber et al., 1994). *Ranunculus acris* L. is only one of many non-leguminous forbs with pronounced harmful effect in animal nutrition. Consequently, the main goal in managing semi-natural biodiverse grassland for forage production, e.g., organic livestock production, should be maintaining the sward with adequate proportion of NLF of high ag-

ronomic, nutritive and medicinal potential. According to Younie and Baars (2005) such NLF are *Cichorium intybus* L., *Plantago lanceolata* L., *Achillea millefolium* L. and *Sanguisorba officinalis* L. In addition to that, there are many other, although not sufficiently described, NLF with potential positive role in animal nutrition and health found in the species-rich semi-natural grassland.

Properties of non-leguminous forbs for ensiling

Hay still represents a major agronomic product of cut, or cut and grazed semi-natural grasslands (Tallowin, Jefferson, 1999). Species-rich swards with high proportion of NLF are often problematic for silage production because of dubious fermentation quality, depending on many interrelated factors. The main reason for undesired fermentation characteristics is considered to be high buffering capacity (BC) which is probably derived from plant organic acids. Other possible reasons are high mineral and low water soluble carbohydrate (WSC) concentrations as well as some secondary plant metabolites (Wyss, Vogel, 1999).

In general, high concentrations of WSC in the material for ensiling lead to a better fermentation (Wilkinson, 2005). It is generally recommended that fresh material should contain at least 25 g WSC kg⁻¹ DM (Lundén Petterson, Lindgren, 1990). Taking into account that fresh material contains about 200 g DM kg⁻¹ the adequate concentration on DM basis would be 125 g kg⁻¹. The content of WSC in forage depends on plant species, growth stage, weather conditions, light intensity, fertilization and diurnal variation (McDonald et al., 1991). In the common grasses used for silage, such as *Lolium perenne* L., WSC can reach values above 300 g kg⁻¹ DM (McDonald et al., 1991). Generally, such high levels of WSC were not observed in various species of NLF (Table). Literature review has showed that the highest level of WSC in the first cut NLF was just above 150 g kg⁻¹ DM. The highest values are found in individual samples of *Ranunculus repens* L., *Ranunculus bulbosus* L., *Plantago lanceolata* L., *Heracleum sphondylium* L., *Taraxacum officinale* Weber, and *Anthriscus sylvestris* (L.) Hoffm.

Table. Impact of growth stage on the concentration of water soluble carbohydrates (WSC) and crude protein (CP) in various NLF species at first cut

Species	Stage of growth	WSC g kg ⁻¹ DM	CP g kg ⁻¹ DM	Reference
1	2	3	4	5
<i>Achillea millefolium</i>	beginning of flowering	140.0	79.0	Isselstein, Daniel, 1996
	vegetative	114.3	110.1	
	beginning of flowering	68.1	117.4	Weiβbach, 1998
	flowering	59.6	152.7	
	flowering	94.0	131.0	
	flowering	110.0	117.0	Lukač et al., 2010
<i>Centaurea jacea</i>	flowering	133.0	100.0	
	beginning of flowering	143.0	150.0	Isselstein, Daniel, 1996
	beginning of flowering	86.0	140.0	Mainz, Isselstein, 1995
	beginning of flowering	109.3	102.3	Weiβbach, 1998
<i>Galium mollugo</i>	flowering	109.7	96.1	Weiβbach, 1998
	flowering	102.0	107.0	
	flowering	97.0	112.0	Lukač et al., 2010
<i>Geranium pratense</i>	vegetative	138.8	149.5	
	flowering	104.6	139.2	Weiβbach, 1998
<i>Heracleum sphondylium</i>	vegetative	80.0	217.0	Isselstein, Daniel, 1996
	vegetative	104.0	203.0	Mainz, Isselstein, 1995
	vegetative	161.9	128.3	
	flowering	155.6	124.2	Weiβbach, 1998

Table continued

1	2	3	4	5
<i>Knautia arvensis</i>	flowering	129.0	87.0	
	flowering	118.0	98.0	Lukač et al., 2010
	flowering	121.0	117.0	
<i>Ranunculus bulbosus</i>	flowering	168.0	112.0	Lukač et al., 2010
	vegetative	120.0	138.0	Isselstein, Daniel, 1996
	flowering	139.1	94.1	
<i>Plantago lanceolata</i>	flowering	135.5	79.4	Weißbach, 1998
	flowering	107.0	136.0	
	flowering	164.0	140.0	
	flowering	122.0	107.0	Lukač et al., 2010
<i>Pimpinella saxifraga</i>	flowering	144.0	115.0	
	flowering	157.0	99.0	Lukač et al., 2010
	beginning of flowering	201.3	147.0	Weißbach, 1998
<i>Ranunculus repens</i>	flowering	170.0	146.0	Isselstein, Daniel, 1996
	flowering	142.0	125.0	Mainz, Isselstein, 1995
	flowering	210.0	118.0	Lukač et al., 2010
	end of flowering	164.8	96.2	Weißbach, 1998
<i>Rumex acetosa</i>	flowering	118.2	161.6	Weißbach, 1998
	flowering	121.0	118.2	
	flowering	93.0	148.0	Isselstein, Daniel, 1996
	flowering	56.0	133.0	Mainz, Isselstein, 1995
	beginning of flowering	201.8	164.6	Weißbach, 1998
<i>Taraxacum officinale</i>	flowering	117.6	179.7	
	flowering	279.0	174.2	Isselstein, Daniel, 1996
	seed ripening	188.0	113.0	

BC – buffering capacity, CP – crude protein, DM – dry matter, NLF – non-leguminous forbs, WSC – water soluble carbohydrates

According to Isselstein and Daniel (1996) the values of WSC in the second cut of *Achillea millefolium* L., *Ranunculus repens* L., *Heracleum sphondylium* L. and *Anthriscus sylvestris* (L.) Hoffm. were just above 100 g kg⁻¹ DM, which is considerably lower than in the first cut. Also WSC values of only about 100 g kg⁻¹ DM were found in the second cut of *Ranunculus repens* L. (Mainz, Isselstein, 1995), *Heracleum sphondylium* L., *Anthriscus sylvestris* (L.) Hoffm. and *Plantago lanceolata* L. (Wyss, Vogel, 1999). It can be concluded that the WSC in NLF are generally higher at spring cut than in the following cuts of the growing season. However, it is difficult to make a comparison, since only a small number of comparable data are available. Great diversity in WSC concentration within the same species has been reported, indicating that information on ensiling properties of individual species cannot be generalized. It should also be borne in mind that plant material from permanent grasslands is usually a mixture of grasses, legumes, and NLF. Therefore their ensiling properties depend not only on properties of individual groups but also on their proportions in a sward.

Buffering capacity and secondary metabolites

Wilkinson (2003) was relatively unsuccessful when he tried to ensile *Symphitum officinale* L. in laboratory silos. According to his opinion, there were several possible reasons for unsatisfactory fermentation, especially low WSC concentration and high BC. High BC in plants might have been associated with high concentrations of organic acids which are responsible for most of the buffering effect in plants (Playne, McDonald, 1966). Other possible reasons are high concentrations of ash and nitrogen compounds, although high values of nitrogen compounds have relatively low impact on BC at ensiling (McDonald et al., 1991). Weißbach (1998) also concluded that concentration of CP in NLF is not always directly associated with the high BC.

In an ensiling experiment with nine NLF Isselstein and Daniel (1996) found that all silages indicated

satisfactory quality after 90 days of fermentation. Plants differed in CP, WSC value and BC, but the correlation between these parameters and silage quality was weak. The results indicate that, beside WSC and BC, there are other important factors affecting the fermentation process. On the basis of WSC content we can predict the quality of silage from common grasses (Jones, 1970); however, it seems that it is hard to predict the same for NLF. The reason for such observations might be in the secondary metabolites which can also have an impact on microorganism activity. In the experiment with the grass-NLF mixtures of *Polygonum bistorta* L., *Geranium pratense* L., *Anthriscus sylvestris* (L.) Hoffm. (Daniel, 1998), the production of acetic and lactic acid during the fermentation was strongly reduced even though the quality of silages was estimated as satisfactory. According to the author, the reasons for restricted fermentation were secondary metabolites such as tannins in *Polygonum bistorta* L. and gallic acid in *Geranium pratense* L. These compounds may induce a rapid decrease of pH at the beginning of fermentation, inhibit the fermentation, and lower the decomposition of protein. The impact of secondary metabolites on the fermentation of silages was also noticed with *Plantago lanceolata* L. and *Rumex acetosa* L. in the experiments of Isselstein and Daniel (1996). Despite the fact that both plant species contained a sufficient amount of WSC, the concentrations of lactic acid in silages were low indicating the restricted fermentation. High level of oxalic acid in *Rumex acetosa* L. causes rapid decrease in pH. Consequently, the fermentation is limited as well as the growth and development of undesirable bacteria and yeast (Isselstein, Daniel, 1996; Weißbach, 1998).

In the experiments of Isselstein and Daniel (1996), silage from *Plantago lanceolata* L. was pleasantly aromatic despite the high pH value and without any noticeable deterioration even 90 days after ensiling. According to Weißbach (1998), the reason for limited fermentation was in the glycoside aucubin which inhibited degradation of protein.

Conclusions

1. In scientific literature little information is available on ensiling properties of non-leguminous forbs (NLF) ensiled separately or in mixtures with grasses and legumes.

2. Researchers were mainly focused on nutritive value and not so much on ensiling properties of NLF. On the basis of literature review, we can conclude that NLF have a great impact on the nutritive value of forage and also on the fermentation processes during ensiling. In both cases the secondary metabolites have a crucial role.

3. The knowledge about secondary metabolites and their impacts on forage quality and quality of animal products on the level of individual NLF species is poor. Even poorer is the knowledge about the suitable proportion of individual NLF in the species-rich swards used for silage production. These are the main reasons for supporting NLF research and adapting the existing conservation methods for species-rich swards or developing new ones.

Acknowledgements

This work was co-funded by the Slovenian Research Agency – ARRS; PhD scholarship of Branko Lukač.

Received 02 09 2011

Accepted 27 12 2011

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ISSN 1392-3196

Žemdirbystė=Agriculture, vol. 99, No. 1 (2012), p. 3–8

UDK 591.5:636.085

Nepupinių įvairiažolių svarba siloso savybėms ir gyvulių mitybai: apžvalga

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Santrauka

Žolynų naudojimo pokyčiai taikant organinę žemdirbystę ir tikėtini klimato pokyčiai lemia žolynų bioįvairovės ir nepupinių įvairiažolių dalies žolyne didėjimą. Kintant vartotojų sampratai apie sveiką maistą ir jo kilmę, įvairiažolės tampa svarbia sudėtine atrajojančių galvijų raciono dalimi. Kaip pašaras, kai kurios įvairiažolės turi didelį kiekį baltymų, energijos bei mineralų ir pasižymi gydomosiomis savybėmis bei specifine mitybine verte. Šieno ruošimo metu patiriama mechaninių nuostolių, o silosavimas suteikia galimybę užkonservuoti žolynų, pasižyminčių nepupinių įvairiažolių įvairove, derlių. Pateikiama literatūros apžvalga rodo, kad tik keli nepupinių įvairiažolių eminiai turi pakankamą kiekį vandenyje tirpių angliavandenių (VTA) tinkamai žalios masės fermentacijai. Tikėtina, kad be VTA bei buferinės gebos egzistuoja ir kiti svarbūs veiksniai, veikiantys fermentacijos procesą, pavyzdžiui, augalų antriniai metabolitai. Vis dar nepakanka žinių apie antrinių metabolitų įtaką siloso fermentacijai, todėl reikėtų daugiau nepupinių įvairiažolių fermentacijos savybių tyrimų, taikant esamus pašaro, sudaryto iš įvairių rūšių augalų, konservavimo būdus arba kuriant naujus.

Reikšminiai žodžiai: gyvulių mityba, bioįvairovė, silosavimas, nepupinės įvairiažolės.